

The Function of The Sound Mind

Apostle Paul once said that we do possess the mind of Christ to discern things spiritually (1 Cor 2:14-16). He further added that in troubled times, we can face pressures courageously because we possess the “*sound mind*”. (2 Tim 1:7). In these last days, the sound mind is one of the chief asset of a victorious overcomer.

This phrase, “*sound mind*” comes from the Greek word ‘*sophroneo*’, a compound word of both ‘*sozo*’ and ‘*phroneo*’. The word, ‘*sozo*’ is the Greek word for salvation. The other meanings are wholeness, soundness, healthy, protection and deliverance. The word ‘*phroneo*’ is the root for the word, mind. When we bring the two meanings together, the sound mind is simply a mind that has been preserved and kept saved from the corrupting influence of this world. The word denotes a mind is in a state of wellness, thinking proper and positive thoughts. This mind has been protected from the invasion of fear and anxious thoughts.

Jesus once remarked that the Holy Spirit is our guide and He would “*shew you things to come*” (Jn 16:13). The word “*shew*” is the Greek word ‘*odegeo*’ and it depicts a picture of an able guide or scout that helps the traveler navigates safely through an unfamiliar territory. He is the new testament version of the pillar of cloud and fire that guided the Israelites in Moses’ days. When we fully follow His leading and instruction, our blessings and safety is divinely guaranteed.

However, in the context of John 16:13, He will guide you into all truth. His guidance never contradicts the truth of God’s word. If our mind has not been renewed and programmed with spiritual logics and truth – we don’t have a sound mind. Without this sound mind, we will disagree and oppose the Spirit of truth. Hence, the sound mind is crucial for the Spirit of truth to guide us according to the divine counsel of His word. In the most challenging days ahead, our soul will then be fearless and bold to become heir and partakers of the Abrahamic promises in the face of troubled distresses and stormy shakings of global economy.